



Special thanks to

NATIONAL GEOGRAPHIC MAPS
TRAILS ILLUSTRATED

Leave No Trace

KNOW BEFORE YOU GO - Be **PREPARED!** Don't forget clothes to protect you from **COLD, HEAT, or RAIN.** Use **MAPS** to show you where you'll be going & so you won't get lost. **LEARN** about the areas you visit. Read books & talk to people before you go. The more you know, the more **FUN** you'll have.

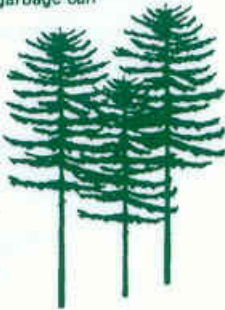


CHOOSE THE RIGHT PATH - Stay on the **MAIN TRAIL** to protect nature and don't wander off by yourself. Steer clear of flowers or small trees. Once hurt, they may not grow back! Use existing camp areas - camp at least **100 BIG STEPS** from roads, trails and water.

TRASH YOUR TRASH - Pack it in, Pack it out. Put litter, even crumbs, in trash cans or carry it home. Use bathrooms or outhouses when available. If you have to "go," **ACT LIKE A CAT** and **BURY POOP** in a small hole 4-8 inches deep and 100 big steps from water. Place your toilet paper in a plastic bag and put the bag in a garbage can back home. **KEEP WATER CLEAN.** Do not put soap, food, or poop in lakes or streams.

LEAVE WHAT YOU FIND -

Leave plants, rocks, and historical items **AS YOU FIND THEM** so the next person can enjoy them. Treat living plants with respect. Hacking or peeling plants can kill them. Good campsites are **FOUND, NOT MADE.** Don't dig trenches or build structures in your campsite.



BE CAREFUL WITH FIRE - Use a **CAMP STOVE** for cooking. It's easier to cook on and clean up than a fire. Be sure it's OK to build a campfire in the area you're visiting. Use an **EXISTING FIRE RING** to protect the ground from heat. Keep your fire small. Remember, campfires aren't for trash or food. Do not snap branches off live, dead, or downed trees. Instead, collect loose **STICKS FROM THE GROUND.** Burn all wood to ash and be sure that the fire is completely **OUT & COLD** before you leave.



RESPECT WILDLIFE - Observe animals from a distance and **NEVER APPROACH, FEED OR FOLLOW THEM.** Human food is **UNHEALTHY** for all animals and feeding them starts bad habits. Protect

wildlife and your food by storing your meals and trash. **CONTROL PETS** at all times, or leave them at home.

BE KIND TO OTHER VISITORS - Make sure the **FUN** you have in the outdoors does not bother anyone else. Remember that other visitors are there to enjoy the outdoors. **LISTEN TO NATURE.** Avoid making loud noises or yelling. You will see more animals if you are quiet.

Remember - you'll
enjoy nature
even more...



by caring for
your special
place.

Please contact us for more information:
1-800-332-4100 www.LNT.org