

3: Dispose of Waste Properly



SANITATION

SOLID HUMAN WASTE

Disposal of solid human waste is an uncomfortable topic, but it demands careful consideration since fecal waste can spread disease. Disposal should:

Minimize the chance of finding the waste.

Minimize the chance of water pollution.

Maximize the chance for decomposition.

- **Use a cathole if in a small group for a short time. Locate 200 feet from water and in direct sunlight. Dig 6-8 inches deep and 4-6 inches in diameter in organic soil. In desert only 4-6 inches deep. Mix soil with feces and stir with stick. Stick should extend above the hole when finished.**
- **Use a latrine if with a larger group or for longer periods. Dig a longer and deeper trench. Spread a layer of soil after each use.**

